

RISK MANAGEMENT AND INSURANCE UPDATE



RISK MANAGEMENT NEWS & ANNOUNCEMENTS

February 4, 2022

BENEFITS NEWS

Know Your Options When You Need Care

You have several affordable and convenient options for immediate care through Aetna. Whether it's an emergency, urgent or non-emergency, [view this infographic](#) from Aetna that covers your options for care.

Please be advised of the number of freestanding emergency departments (FSED) has grown recently as the demand for medical care grows. An FSED is a licensed facility that is structurally and distinct from a hospital and provides emergency care. Although they are not attached to the hospital, these facilities do charge the same as the regular emergency room. You will be subject to whatever your Aetna plan covers for an emergency room visit.

RETIREMENT NEWS

Individual Retirement Appointments Available through New Scheduling Link

We encourage employees planning to retire this year who need assistance to schedule a one-on-one appointment. The Risk Management Retirement Team is offering individual appointments, including evening hours, for employees who are considering retirement and information gathering, submitting a Regular/Early Service Retirement application, entering DROP, retiring from DROP, submission of retirement Insurance forms, and retiring from the FRS Investment plan.

Retirement Forms should be submitted through Risk Management approximately 60 days prior to your retirement date. Appointments are available in person or through Teams or Zoom. Notaries will be available, if necessary.

Individual appointments are available on the following dates and times:

February 15th, 9:00-11:00, 3:00 p.m. - 4:30 p.m.

February 22nd, 3:00 p.m. - 7:00 p.m.

March 1st, 9:00-11:00, 3:00 p.m. - 4:30 p.m.

March 8th, 3:00 p.m. - 7:00 p.m.

March 22nd, 3:00 p.m. - 7:00 p.m.

March 29th, 9:00-11:00, 3:00 p.m. - 4:30 p.m.

Please [visit our new Retirement scheduling page](#) to register for an individual appointment with a Retirement Specialist.

Should you have any difficulties, you may also call the Retirement Team at 727-588-6214 or email risk-retirement@pcsb.org for assistance with registration.

Exiting DROP Zoom Webinar

The Risk Management Retirement Team is hosting a Zoom Exiting DROP meeting for employees who are planning on retiring from DROP. This presentation provides an overview of the DROP termination process that includes information about continuing retiree insurance coverage and the payout of accumulated sick and vacation time.

Click to register: **Thursday, February 24th, 6:00 p.m. - 7:00 p.m.**

The ABC's of DROP Zoom Webinar

To DROP or Not to DROP...that is the question. Risk Management is hosting a Zoom DROP Meeting for employees who are deciding if going into DROP is the best retirement option available for them. The Retirement Team will provide a Zoom DROP Presentation that includes:

- What is DROP and should I enter?
- When can I enter DROP?

Click to Register: **Thursday, March 24, 2022, 6:00 p.m. - 7:00 p.m.**

Should you have any technical difficulties with registration, attached are [directions on how to use the new scheduling system](#). You may also call the Retirement Team at 588-6214 or email risk-retirement@pcsb.org for assistance.

WELLNESS NEWS

Limeade | Wrapping Up the End of the Year

The first year of Limeade ends 2/14/2022. Employees who reach Level 3 by 2/14/2022 will be eligible for the \$300 wellness incentive. This incentive will be added directly to the employee's paycheck. We expect this payout to be processed during the month of March to allow time for the file to process. All employees who qualify will receive an email with the payout date once it is finalized. Employees must be active PCS employees and have the PCS medical insurance at the time of payout to receive the incentive.

The next Limeade year begins March 1, 2022! The program will have about 2 weeks of downtime to reset. All preventative exams done in 2022 will count towards the next Limeade program year beginning March 1, 2022.

District Wellness Webinars

Join us for a variety of topics for webinars throughout spring. Topics include nutrition, emotional well-being, and financial wellness! For a full list of upcoming webinars, registration, and recent recordings, visit the [PCS District Wellness Campaigns](#).

Upcoming webinars:

- 2/9 - Discover the Power of Herbs and Spices - [Registration](#)
- 2/16 - Healthy Relationships (EAP) - [Registration](#)

Employee Assistance Program: Wellness for Busy People

When you've got a busy schedule, productivity is important. The busier you are, the more important a healthy diet and exercise is. The [attached worksheet](#) from Resources for Living (RFL) can help you design a plan to eat better on the go, work fitness into your normal activities and learn the importance of a good night's sleep.

And remember, the EAP is available 24/7 at 800-848-9392 to assist you with life coping skills.

EMPLOYEE DISCOUNTS

Pinellas County Schools Main Discount Page

- [PerkSpot](#): travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB
- [Tickets at Work](#): exclusive discounts, special offers and much more. Company code: PCS
- [Amalie Arena & Yuengling Center Events](#)
- [T-Mobile Discounts & 20 Best Workout Apps for the New Year!](#)